

**Beverley St Nicholas C P School**  
 Holme Church Lane  
 Beverley  
 HU17 0QP  
 Telephone/Facsimile: 01482 862882  
 Head teacher – Ms T Turton

**Coronavirus related absence quick reference guide – Current as of 18/09/20**

Below you will find a table that you can use as a quick guide should your child or anyone in the household develop symptoms or a confirmed case of coronavirus. Please be aware that guidelines and advice can change – we will keep you updated with any amendments.

The main symptoms of coronavirus are:

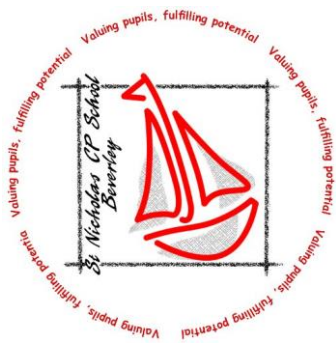
- a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature)
- new, continuous cough – this means coughing a lot for more than an hour, or 3 or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual)
- a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.

We thank you for all of your co-operation at the moment and if in doubt over anything would rather you called us so that we can hopefully clarify matters.

What to do if...	Action needed	Return to school when...
My child has a cold	Check their temperature. Check to see if they present with any of the 3 main symptoms of Coronavirus.	If no symptoms they can come to school. If they feel too unwell or present with any new symptoms (COVID), then they need to stay at home.
My child has Coronavirus symptoms	<b>Do not come to school</b> <b>Contact school daily</b> Self-isolate Get a test Please inform school of the test result immediately	The test comes back negative and your child does not have coronavirus symptoms anymore. If they still have coronavirus symptoms, stay at home until they feel better.
My child tested positive for Coronavirus	<b>Do not come to school</b> <b>Contact school daily</b> Self-isolate for at least 10 days Seek medical advice over the telephone if needed	Your child has self-isolated for 10 days and feel better (no longer has a high temperature, a runny nose or sneezing, feeling or being sick, diarrhoea)





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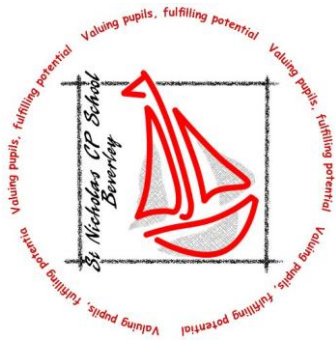
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		They can return to school after 10 days even if they have a cough or loss of smell/taste. These symptoms can last for several weeks once the infection is gone.
Somebody in our household has Coronavirus symptoms	<b>Do not come to school</b> <b>Contact school daily</b> Self-isolate member to get a test Please inform school of the test result immediately	The household members test is negative and nobody else has developed symptoms. If everyone in the household is tested all results must come back negative before your child can return to school.
Somebody in our household has tested positive for Coronavirus	<b>Do not come to school</b> <b>Contact school daily</b> Self-isolate for 14 days	Your child has completed the 14 day self-isolation, feels well and hasn't developed Coronavirus symptoms. If they, or anyone else in the house develops symptoms, continue to self-isolate for a further 14 days (from when the symptoms started) and book a test.
NHS Test & Trace has identified my child as a 'close contact' of somebody with symptoms or confirmed Coronavirus	<b>Do not come to school</b> <b>Contact school daily</b> Self isolate for 14 days	They have completed the 14day self-isolation and feel well and haven't developed Coronavirus symptoms. If they, or anyone else in the house develops symptoms, continue to self-isolate for a further 14 days (from when the symptoms started) and book a test.
We have travelled abroad and my child has to self-isolate as part of a quarantine period.	Do not come to school Contact school daily Self- isolate for 14 days	The quarantine period of 14 days has been completed and they feel well and haven't developed Covid symptoms.
I have received medical advice that my child or someone in my household must resume shielding.	Do not come to school Contact school	Shield until you are informed that restrictions have been lifted and shielding is paused again.





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		Shielding restrictions lifted.
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Please use this link to go to the NHS 'How long to self-isolate' guidance for more information:  
<https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/how-long-to-self-isolate/>

If you are unsure, you can call 111 or visit 111.NHS.uk

Does my child have a cold? <https://www.nhs.uk/conditions/common-cold/>

Does my child have Coronavirus?

<https://www.nhs.uk/conditions/coronavirus-covid19/symptoms/coronavirus-in-children/>

Kind regards

Terri Turton  
Headteacher

