



PE Curriculum Intent, Implementation and Impact Overview

At Beverley St Nicholas Primary School, we recognise the importance of PE and the role it has to play in promoting long term, healthy lifestyles. The intent of our PE curriculum is to provide all children with high quality PE and sport provision. Our curriculum aims to build skills through each key stage and develop the ability to apply skills in competitive settings. It is our vision for every pupil to succeed and achieve their potential as well as to lead physically active lifestyles. We strive to inspire our pupils through fun and engaging PE lessons that are enjoyable, challenging and accessible to all. We want our pupils to appreciate the benefits of a healthy and physically active lifestyle. Through our teaching of PE, we will provide opportunities for pupils to develop values and transferrable life skills such as fairness and respect as well as providing them with opportunities to take part in competitive sport within lessons and extra-curricular provision.

We have identified the key intentions that drive our PE Curriculum. At Beverley St Nicholas our PE curriculum intentions are:

Intent	Research Link	Implementation	Impact
<p>Intention 1: To build a PE curriculum which enables children to develop competence to excel in a broad range of physical activities which results in pupils knowing more, remembering more and understanding how the knowledge and skills can be applied in their own physical activity and healthy lifestyle.</p>	<p>Education Endowment Fund Research indicates: The overall impact of sports participation on academic achievement tends to be positive. Recent evidence from the UK suggests that sports participation can have a larger effect on, for example, mathematics learning when combined with a structured numeracy programme.</p>	<ul style="list-style-type: none"> • Clear and comprehensive scheme of work in line with the National Curriculum. <p>In P.E, children will study five areas of sport. These include: Gymnastics, Athletics, Outdoor adventurous Activities, Games and Dance. Within P.E lessons, children will adopt many different roles such as a performer, coach, umpire and leader and explore</p>	<ul style="list-style-type: none"> • Children will achieve age related expectations in PE. • Children will enjoy sport and will seek additional extra-curricular activities both school and external to school related. • Participation levels in PE will be 100%.

<p>To design a curriculum with appropriate subject knowledge, skills and understanding in physical education as set out in the National Curriculum so that children can reach and exceed their potential.</p>		<p>many different outdoor activities.</p> <ul style="list-style-type: none"> • <i>Over the period of the year / key Stage children will have opportunities to work with PE experts.</i> • <i>Children will have access to competing against pupils from other schools.</i> • <i>School ethos will celebrate involvement in PE.</i> • <i>Children will have access to sports clubs outside of the school day.</i> 	
<p>Intention 2: To build a curriculum that encourages and provides opportunities for all children to lead healthy, active lives. To enable them to know more, remember more and understand more about the positives involved in healthy lifestyle.</p>	<p>Education Endowment Fund Research indicates: The overall impact of sports participation on academic achievement and mental well-being tends to be positive.</p>	<ul style="list-style-type: none"> • Clear and comprehensive PE scheme of work which makes reference to healthy lifestyles. <i>The teaching and learning of fitness and healthy life styles is planned into each year groups long term plan.</i> • The Daily Mile is actively promoted and completed consistently by all children and modelled by staff. • School provides free fruit for all children in KS1. The School has a policy of healthy snack and water only at playtimes. 	<ul style="list-style-type: none"> • Children will show a good understanding of healthy eating. • Children will access the free fruit or bring their own fruit. Children's packed lunches indicate a balance diet.