

## Spring 2022 Menu

### Week 1

Weeks commencing; 28/02, 21/03, 25/04, 16/05, 13/06, 04/07,

Monday	Tuesday	Wednesday	Thursday	Friday
<b>BBQ Chicken Goujons</b>	<b>Spaghetti Bolognese</b>	<b>Roast Gammon</b>	<b>Buttermilk Chicken Burger</b>	<b>Battered Fish fillet</b>
<b>Wrap</b> <b>Steamed Rice</b> <b>Peas &amp; Sweetcorn</b>	<b>Crusty Roll</b> <b>Broccoli</b> <b>Carrots</b>	<b>Yorkshire Pudding</b> <b>Mashed Potato</b> <b>Carrots</b> <b>Cauliflower Cheese</b> <b>Green Beans</b>	<b>Jacket Potato</b> <b>Baked beans</b> <b>Peas</b>	<b>Chunky Chips</b> <b>Garden Peas</b> <b>Sweetcorn</b>
<b>Melting Moment Biscuit &amp; Milkshake</b>	<b>Wellington Fudge Cake and Cream</b>	<b>Strawberry Mousse &amp; Fruit Cocktail</b>	<b>Iced Lemon Sponge and Custard</b>	<b>Ice-cream Roll and Peaches</b>
or	or	or	or	or
<b>Fresh Fruit or Low Fat Yoghurt</b>	<b>Fresh Fruit or Low Fat Yoghurt</b>	<b>Fresh Fruit or Low Fat Yoghurt</b>	<b>Fresh Fruit or Low Fat Yoghurt</b>	<b>Fresh Fruit or Low Fat Yoghurt</b>

### Week 2

Weeks commencing; 07/03, 28/03, 02/05, 23/05, 20/06, 11/07

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Italian Chicken</b>	<b>Ham and Tomato Pizza</b>	<b>Roast Loin of Pork</b>	<b>Tomato Sauce and Meatballs</b>	<b>Breaded Salmon Bites</b>
<b>Steamed Rice</b> <b>Fresh Carrots</b> <b>Green Beans</b> <b>Crusty Roll</b>	<b>Jacket Potato</b> <b>Baked Buns</b> <b>Sweetcorn</b>	<b>Yorkshire Pudding</b> <b>Sweet Potato Mash</b> <b>Fresh Carrots</b> <b>Cauliflower &amp; Broccoli Mix</b>	<b>Pasta</b> <b>Sweetcorn</b> <b>Green Beans</b> <b>Garlic Bread</b>	<b>Chunky Chips</b> <b>Garden Peas</b> <b>Baked Beans</b>
<b>Sultana Shortcake and custard</b>	<b>Chocolate Cookie and Orange Wedge</b>	<b>Strawberry Jelly and ice-cream</b>	<b>Iced Orange Sponge and Custard</b>	<b>Raspberry Bun &amp; Milkshake</b>
or	or	or	or	or
<b>Fresh Fruit or Low Fat Yoghurt</b>	<b>Fresh Fruit or Low Fat Yoghurt</b>	<b>Fresh Fruit or Low Fat Yoghurt</b>	<b>Fresh Fruit or Low Fat Yoghurt</b>	<b>Fresh Fruit or Low Fat Yoghurt</b>

### Week 3

Weeks commencing; 14/03, 04/04, 09/05, 06/06, 27/06, 18/07

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Ham Pizza Pasta</b>	<b>Roast Chicken</b>	<b>Oven Baked Sausages</b>	<b>Chicken Korma</b>	<b>Fish Burger in a Bun</b>
<b>Baked Crusty Roll</b> <b>Peas &amp; Sweetcorn</b> <b>Mixed Salad</b>	<b>Baby New Potato's Stuffing</b> <b>Green Cabbage</b> <b>Fresh Carrots</b>	<b>Gravy</b> <b>Yorkshire Puddings</b> <b>Baby New Potato's Broccoli</b>	<b>Mini Naan Bread</b> <b>Steamed Rice</b> <b>Sweetcorn and Peas</b>	<b>Chunky Chips</b> <b>Garden Peas</b> <b>Baked Beans</b>
<b>Apricot Cupcake</b>	<b>Chocolate Crunch and Custard</b>	<b>Waffle and Jam Sauce</b> <b>Vanilla Ice-cream</b>	<b>Eves Pudding and Custard</b>	<b>Chocolate Crackle &amp; Orange Wedge</b>
or	or	or	or	or
<b>Fresh Fruit or Low Fat Yoghurt</b>	<b>Fresh Fruit or Low Fat Yoghurt</b>	<b>Fresh Fruit or Low Fat Yoghurt</b>	<b>Fresh Fruit or Low Fat Yoghurt</b>	<b>Fresh Fruit or Low Fat Yoghurt</b>

The schools meals team does not knowingly purchase any food or drink source that contains nuts or nut derivatives. Currently manufacturers will not declare that their products are 'Nut Free' due to the possible risks of cross contamination in production, processing, packaging or transportation. For this reason, we are unable to guarantee our menus are nut free.

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