Physical Education Policy

Beverley St Nicholas Primary School

Reviewed December 2026

At Beverley St Nicholas Community Primary School the sky is the limit because everything is possible.

Contents

1. Curriculum Intent Statement
2. Implementation
3. Impact
4. Planning and Progression
5. Teaching and Learning Pedagogy
6. Assessment
7. Resources
8. Equal Opportunities and Inclusion
9. Co-ordinator Responsibilities
10. Parental Engagement and Reporting to Parents
11. Policy Review

1. Curriculum Intent Statement

At Beverley St Nicholas Community Primary School, we recognise the importance of PE and the role it has to play in promoting long term, healthy lifestyles. The intent of our PE curriculum is to provide all children with high quality PE and sport provision. Our curriculum aims to build skills through each key stage and develop the ability to apply skills in competitive settings. It is our vision for every pupil to succeed and achieve their potential as well as to lead physically active lifestyles. We strive to inspire our pupils through fun and engaging PE lessons that are enjoyable, challenging and accessible to all. We want our pupils to appreciate the benefits of a healthy and physically active lifestyle. Through our teaching of PE, we will provide opportunities for pupils to develop values and transferrable life skills such as fairness and respect as well as providing them with opportunities to take part in competitive sport within lessons and extra-curricular provision.

2. Implementation

We have identified the key intentions that drive our PE Curriculum. At Beverley St Nicholas our PE curriculum intentions are:

- Clear and comprehensive curriculum skills progression in line with the National Curriculum.
  In PE children will study four areas of sport. These include gymnastics, athletics, games, outdoor adventurous activities and dance. Within PE lessons, children will adopt many different roles such as a performer, coach, umpire and leader and explore many different outdoor activities.
- Over the period of the year / key stage, children will have opportunities to work with PE experts.
- Children will have opportunities to compete against pupils from other schools.
- All pupils will have access to competing against pupils in school.
- School ethos will celebrate involvement in PE and the importance of being active to improve mental wellbeing.
- Children will have access to sports clubs outside of the school day.
- Clear and comprehensive PE schemes of work (Primary Steps in PE) which makes reference to healthy lifestyles. The teaching and learning of fitness and healthy life styles is planned into each year groups long term plan.
- The Daily Mile is actively promoted and completed consistently by all children and modelled by staff.
- School provides free fruit for all children in KS1.

3. Impact

Children will achieve age related expectations in PE.
Children will enjoy sport and will seek additional extra-curricular activities both within school and outside of school.
Participation levels in PE will be 100%
Children will show a good understanding of healthy eating.
Children will develop physical literacy
Children will access the free fruit or bring their own fruit.
Children's packed lunches indicate a balance diet.

4. Planning and Progression

At Beverley St Nicholas we use the Primary Steps In PE planning scheme in our PE lessons. This scheme of work allows for clear progression in all year groups. It also creates consistency across year groups as to what is delivered in each lesson. Children are familiar with the lesson structure.

5. Teaching and Learning Pedagogy

The aim is for our children to develop a range of transferrable skills that can be used across an array of sports and other areas of life. Furthermore, it is for all children to have an understanding of the physical and mental benefits of sport and physical exercise.

This will be achieved by children having the opportunity to take part and develop transferrable skills across a range of sports. Skills should be progressively developed from foundation stage to year 6, giving children various opportunities to ensure they are at age related standard throughout their time at the school. Medium term plans should identify the sport being taught and identify the skills that need to be developed in order to participate competitively within the desired sport. For example: If we are teaching Year 3 gymnastics, then the children's final piece (final lesson) should be to complete a 6 piece routine which highlights a range of different pathways. Children should first know what a pathway is (lesson 1) and then skills are developed to perform these pathways in numerous variations i.e. rolls, jumps, use of apparatus etc. (lesson 2-5). With the final lesson allowing children to put these skills into use when performing their own routine. Individual lessons should be broken down into the following four elements: Warm up, skills based exercise, strength and condition based exercise, application of the skill based exercise within a game style situation.

Within individual lessons, feedback should be provided throughout the lesson from teachers on ways to develop skills. This may happen verbally, through the use of IPads to demonstrate and highlight ways forward or by peer assessment from child to child. All children should be active right throughout lessons and teachers should do there upmost to ensure that all pupils, regardless of their ability are, challenged.

6. Assessment

At Beverley St Nicholas School assessment in physical education comprises of teacher assessment during the delivery of lessons. Children are given tasks linked to the knowledge and skills laid out in the school's progression mapsin line with the Primary Steps PE planning and they assessed against these. It is the responsibility of each individual class teacher to implement this through planning activities linked to the PE National Curriculum. This data is then analysed by the PE subject leader.

7. Resources

Planning resources: Primary Steps In PE and Tiger's Trust resources

CPD: External providers from SSP, Tigers Trust, Cluster meetings, internal practitioners. Virtual and online courses through the Schools Sports Partnership.

Indoor: Static climbing frame, benches, table boxes, mats. Racquets/balls for net games, Active Lesson kits, archery, Boccia, Kurling sets. Mixed throwing/ multi skills equipment.

Outdoor: Rugby/football/basketball/netball/tennis nets/balls. Orienteering equipment.

Muga: Netball lines.

Fields: Track, football pitch

8. Equal Opportunities and Inclusion

All pupils are entitled to access the PE curriculum at a level appropriate to their needs

At Beverley St Nicholas Primary School, we are committed to providing a teaching environment which ensures all children are provided with the same learning opportunities regardless of social class, gender, culture, race, special educational need or disability. Teachers use a range of strategies to ensure inclusion

and also to maintain a positive ethos where children demonstrate positive attitudes towards others. Independent tasks, as well as teaching, are also well-adapted to ensure full accessibility, as well as to provide appropriate challenge to different groups of learners. Support for specific individuals is well considered and planned for, with consideration given to how greater depth and further challenge can be provided for and demonstrated by children who require further challenge.

9. Co-ordinator Responsibilities

The PE subject leader is responsible for:

- Monitoring the teaching and learning of PE.
- Overseeing and implementing the PE policy.
- Writing an annual action plan for the school development plan and evaluating progress throughout the year.
- Working with the Schools Sports Partnership
- Organising extra-curricular provision
- Working with the SLT to manage the Sports Premium Funding
- Delivering a varied calendar of intra school competition
- Organising the attendance of teams at inter school competitions
- Ensuring that the school has met the criteria for the Schools Games Mark Award
- Attending training and providing staff with appropriate feedback and CPD.
- Attending courses to keep knowledge up to date and feedback to staff upon return.

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Each class teacher is responsible for delivering PE to their class.

10. Parental Engagement and Reporting to Parents

It is the aim of the school to involve parents as much as possible in their children's education. Parents are invited to attend sporting events and to allow their children to extend their learning through attendance at extra-curricular clubs. Parents are kept informed of their child's progress, both formally and informally. Class Dojo is used to keep parents informed of any changes to PE lesson timings as well as updating parents as to what is done in lessons.

11.Policy Review

Policy Reviewed: December 2025
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