Autumn 2026 Menu

Week 1

Weeks commencing; 02.11, 23.11, 14.12, 18.01, 15.02, 08.03

Monday	Tuesday	Wednesday	Thursday	Friday – **Choice Lunch**
Chicken Curry **Steamed Rice (ve)** **Naan Bread** **Garden Peas (ve)** **Chocolate Crunch & Meadowland double (v)** **or** **Fresh Fruit (ve) or Low Fat Yoghurt (v)**	**Sausage Pattie** **Oven Baked Wedges** **Sweetcorn** **Apple Sponge and Custard** **or** **Fresh Fruit (ve) or Low Fat Yoghurt (v)**	**Roast Chicken and Stuffing or Quorn fillet (ve) Stuffing** **Mashed Potato (ve)** **Baby carrots (ve)** **Broccoli (ve)** **Gravy (ve)** **Shortbread Biscuit & Peaches (v)** **or** **Fresh Fruit (ve) or Low Fat Yoghurt (v)**	**Italian Style Pasta Bolognaise** **Baby Carrots (v)** **Plain Muffin & Fresh Blueberries (v)** **or** **Fresh Fruit (ve) or Low Fat Yoghurt (v)**	**Salmon Fish Fingers or Crispy Rainbow Dippers (v)** **Chunky Chips (ve)** **Baked Beans (ve)** **<u>OR</u>** **Jacket potatoes with beans & cheese** **Frosted Chocolate Cake** **or** **Fresh Fruit (ve) or Low Fat Yoghurt (v)**

Week 2

Weeks commencing; 09.11, 30.11, 04.01, 25.01, 22.02, 15.03

Monday	Tuesday	Wednesday	Thursday	Friday – **Choice Lunch**
Mascarpone Cheese Pasta **Crusty Roll (ve)** **Winter Salad (ve)** **Madeline Sponge & Custard (v)** **or** **Fresh Fruit (ve) or Low Fat Yoghurt (v)**	**Chicken Goujan Wrap** **Oven Baked Crispy Potato's (v)** **Mixed Salad** **Sweetcorn** **Shortcake and Custard (v) Raisins on the side** **or** **Fresh Fruit (ve) or Low Fat Yoghurt (v)**	**Chicken and Yorkshire Pudding** **Mashed potato (v)** **Cabbage (ve)** **Baby Carrots (ve)** **Mango Smoothie & Mandarins (v)** **or** **Fresh Fruit (ve) or Low Fat Yoghurt (v)**	**Chinese Sticky Chicken** **Steamed Rice (ve)** **Sweetcorn(ve)** **Chocolate Crackle (v)** **or** **Fresh Fruit (ve) or Low Fat Yoghurt (v)**	**Battered Fish Fillet (ve)** **Chunky Chips (ve)** **Garden Peas (ve)** **Baked Beans (ve)** **<u>OR</u>** **Jacket potatoes with baked beans & cheese** **Oaty Biscuit and Peaches** **or** **Fresh Fruit (ve) or Low Fat Yoghurt (v)**

Week 3

Weeks commencing; 16.11, 07.12, 11.01, 01.02, 01.03

Monday	Tuesday	Wednesday	Thursday	Friday – **Choice Lunch**
Italian Style Chicken **Rice (v)** **Broccoli (v)** **Carrots (v)** **Mixed Berry Cheesecake & Meadowland** **or** **Fresh Fruit (ve) or Low Fat Yoghurt (v**	**Three Cheese Pizza** **Sliced Potatoes (ve)** **Baked Beans (ve)** **Mixed Vegetables (v)** **Ginger Biscuit and Strawberry Milkshake** **or** **Fresh Fruit (ve) or Low Fat Yoghurt (v)**	**Sausage** **Mashed Potato (v)** **Baby Carrots (ve)** **Broccoli (ve)** **Gravy (v)** **Ice Vanilla Sponge (v)** **or** **Fresh Fruit (ve) or Low Fat Yoghurt (v)**	**Beef Lasagne** **Garlic Bread (ve)** **Sweetcorn (ve)** **Caramel Mousse and Sliced Banana** **or** **Fresh Fruit (ve) or Low Fat Yoghurt (v)**	**Fish Fingers or Crispy Rainbow Dippers (v)** **Chunky Chips (ve)** **Garden Peas (ve)** **Baked Beans (ve)** **<u>OR</u>** **Jacket potatoes with beans & cheese** **Chocolate Sponge and Custard (v)** **or** **Fresh Fruit (ve) or Low Fat Yoghurt (v)**

The school's meals team does not knowingly purchase any food or drink source that contains nuts or nut derivatives. Currently manufacturers will not declare that their products are 'Nut Free' due to the possible risks of cross contamination in production, processing, packaging or transportation. For this reason, we are unable to guarantee our menus are nut free. We do serve bread everyday with the meals.